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Transgender/Gender Diverse Resources

Local Resources:

Pride Center of San Antonio – The mission of Pride Center San Antonio is to serve the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.

<http://pridecentersa.org>

San Antonio Gender Association – (SAGA) is dedicated to the exploration of issues involving gender identity, and to the advocacy of fair and just public policy for the wider GLBTQI+ community.

<http://www.sagender.net>

Fiesta Youth – Fiesta Youth is a youth program in the San Antonio TX area for lesbian, gay, bi-sexual, transgender, and queer youth and their allies. The mission of Fiesta Youth is to provide a safe, non-judgmental, affirming place for LGBTQ young people to express and explore who they are through education, peer-support, advocacy and friendship. We hope to empower youth to build a future where ALL people are accepted as they are so that they may become successful, contributing members of the community. Parents and caregivers of LGBTQ teens and young adults also meet on the 2nd and 4th Tuesday of the month.

<http://www.fiesta-youth.org>

San Antonio Trans Men's Monthly Support Group - This group is specific to Trans Men and those in question of transitioning from female to male. The group meets the 3rd Wednesday of each month at the PRIDE Center, located at 1303 McCullough Ave. Ste 160, San Antonio, Texas 78212.

TransAlliesSA - We are a San Antonio, Texas, support resource for allies (parents, spouses, family) of transgender people. We offer support group meetings and resources to answer questions you might have concerning your transgender loved one.

<https://www.transalliessa.com>

PFLAG - Parents, Families, Friends and Allies United with the LGBTQ community (PFLAG)

promotes the health and well-being of gay, lesbian, bisexual, and transgender persons, their families, and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides an opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

<https://pflagsanantonio.org/vision>

Transgender Education Network of Texas – The Transgender Education Network of Texas (TENT) is an organization dedicated to furthering the gender diverse equality in the State of Texas. We work to accomplish this through education and networking in both public and private forums. Through our efforts we strive to halt discrimination through social, legal, legislative and corporate education.

<http://www.transtexas.org>

Thrive Youth Center Inc. – Our mission is to provide a safe and supportive center for homeless LGBTQ youth so they may become productive, skilled, educated and successful adults with the ability, opportunity and possibility of achieving their dreams.

<http://www.thriveyouthcenter.com/#!the-project/ceu8>

Pride Community Clinic – The Pride Community Clinic (PCC) is a student and doctor led effort to serve the uninsured and underinsured lesbian, gay, bisexual, transgender, and queer community. The PCC will offer primary care for self-identified LGBTQ patients while providing linkages to vital mental health, sexual health, and substance abuse services. The PCC currently operates one **Wednesday** evening per month between **5:00 pm and 8:00 pm** and potential patients must make an appointment over the phone (**210-570-7318**) to secure one of the limited time slots. Patients must be 18 years of age or older. LGBTQ patients can be assured that all volunteers within the clinic are trained to be sensitive to LGBTQ issues.

<https://www.aarcsa.com/pride-community-clinic/>

Planned Parenthood South Texas – The mission of Planned Parenthood South Texas is to provide and protect the health care and information people need to plan their families and their futures. Planned Parenthood South Texas is proud to offer transgender hormone therapy at all their locations.

<https://www.plannedparenthood.org/planned-parenthood-south-texas/patients/transgender-hormone-therapy>

The Nichols Law Firm – Make it Official: Program serving the Transgender Community of Texas. The total cost is \$700, which includes all court costs, filing fees, document preparation, arranging a court date, attendance at court with you, and getting certified copies of the order changing your name and/or gender marker. If you're unable to pay the filing fee (e.g. you receive governmental assistance), we provide you an affidavit to compete to have the filing fee waived. Keep in mind, you will still need to pay for the fingerprint card and the administrative fee of \$400, which can be paid by cash, check, or credit/debit card.

<http://thenicholslawfirm.com/makeitofficial.php>

National Resources:

WPATH Standards of Care – The World Professional Association for Transgender Health promotes the highest standards of health care for individuals through the articulation of Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People. The SOC are based on the best available science and expert professional consensus.

<http://www.wpath.org>

Transgender Law Center – (TLC) is the largest national trans-led organization advocating self-determination for all people. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.

<https://transgenderlawcenter.org>

TRANS LIFELINE – Trans Lifeline is a non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have. **Ph# (877) 565-8860.**

<http://www.translifeline.org>

Trevor Project: Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. **Ph# (866)-488-7386**

<http://www.thetrevorproject.org>

Gender Spectrum – Resources geared to help create gender sensitive and inclusive environments for all children and teens.

<http://www.genderspectrum.org>

Schools in Transition: A guide to provide a safe and affirmative environment for schools.

https://www.nea.org/assets/docs/Schools_in_Transition_2015.pdf

Trans Youth Family Allies – TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

<http://www.imatyfa.org>

Gender Infinity Resource Locator – Gender Infinity is a transgender affirmative community that brings together helpful resources to make the world a better, safer place.

<https://resource.genderinfinity.org>

Puberty Blocking Medications: Clinical Research Review: Use in Treatment for Gender Dysphoria

<http://impactprogram.org/wp-content/uploads/2014/12/Kuper-2014-Puberty-Blockers-Clinical-Research-Review.pdf>

Center of Excellence for Transgender Health - Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Non-binary People

<http://www.transhealth.ucsf.edu/trans?page=guidelines-home>

Introduction to Feminizing Hormone Therapy - Dr. Maddie Deutsch, MD, Director of Clinical Services and Assistant Clinical Professor at the University of California - Center of Excellence for Transgender Health discusses male-to-female hormone therapy (estrogen).

<https://www.youtube.com/watch?v=GJEix-i5pmE>

Introduction to Masculinizing Hormone Therapy - Dr. Maddie Deutsch, MD, Director of Clinical Services and Assistant Clinical Professor at the University of California Center of Excellence for Transgender Health discusses female-to-male hormone therapy (testosterone).

<https://www.youtube.com/watch?v=GAJZ4fwTuyc>

Gender Revolution – A Journey with Katie Couric is a 2017 documentary film about gender identity, produced by Katie Couric, National Geographic, and World of Wonder. It originally aired on the American network National Geographic on February 6, 2017.

<https://www.netflix.com/title/80186731>

Trans – Trans is an extraordinary documentary feature about men and women, and all the variations in between. It is about the transgender community, perhaps the most misunderstood and mistreated minority in America and around the world. Inspired by the incredible story of Dr. Christine McGinn and her work as a transgender surgeon.

http://www.amazon.com/gp/product/B00KEM3RBS/ref=pd_cbs_mov_aiv_1

Growing up Trans: An intimate and eye-opening journey inside the struggles and choices facing transgender kids and their families.

<http://www.pbs.org/wgbh/pages/frontline/growing-up-trans/>

Born this way: Stories of Young Transgender Children

<http://www.cbsnews.com/news/born-this-way-stories-of-young-transgender-children/>